

WHAT CAN YOU DO?

CALL THE RCMP IF THERE IS AN IMMEDIATE RISK TO SOMEONE'S SAFETY

- Learn about elder abuse
- Recognize the signs
- Be patient, listen carefully
- Don't judge or jump to conclusions
- Encourage them to seek help
- Don't confront the abuser
- Ask them what you can do to help. Respect their decision, even if you don't agree
- Know about local services who can help
- Check back in with the older adult if you can

RESOURCES:

FOR HELP OR QUESTIONS ABOUT ELDER ABUSE IN THE RMWB:

For Emergency Assistance



Call 911



780-788-4040

RCMP Complaint Line

Waypoints Crisis Line (24 hrs)

Collect Calls Accepted



780-743-1190



780-743-4370
Ext. 2

St. Aidan's Society
(Business Hours)





POSSIBLE INDICATORS OF ABUSE:

- Limiting a senior's access to their finances
- Standard of living not in accordance with income
- Unpaid Bills
- Changes in behavior such as fear, anxiety, sudden depression, withdrawal, and cowering
- Decline in general health including confusion, agitation or loss of mobility
- Family member or caregiver speaking for the older person
- Physical signs of isolation and lack of social contact
- Unexplained injuries such as bruises, burns, bites or missing hair
- Untreated medical problems or irregular medical appointments
- Inappropriate or dirty clothing, lack of food, poor hygiene, lack of needed glasses or hearing aids, or dependent adult being left alone for extended periods of time
- Sudden onset of incontinence; Dehydration
- Unusual or suspicious activity in bank accounts
- Missing property
- Force or trickery used to sign documents
- Pain, bruising or bleeding in the genital to chest area; Sexually transmitted diseases
- Threats to harm or actual harm to pets

WHAT IS ELDER ABUSE?

A single or repeated act, or lack of appropriate action, occurring within any relationship where there is an expectation of trust, which causes harm and distress to an older person.

TYPES OF ABUSE:

- Financial
- Emotional/Psychological
- Physical
- Sexual
- Neglect



WE ALL HAVE A ROLE IN PREVENTING AND ADDRESSING ELDER ABUSE

